### **Japan Medication Import Master Sheet (Example View with Citations)**

| **Medication Category** | **Medication Name (Example Brand)** | **Active Ingredient(s)** | **Classification** | **Japanese Equivalent / Availability** | **Common Brands to Check (for Prohibited Ingredients)** | **Quantity Threshold (Without Permit)** | **Reason for Classification** | **Action Required** | **Documentation Needed (for Permit)** | **Est. Permit Processing Time** | **Official Source / Notes** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Medical Device | EpiPen | Epinephrine | **🟡 Yellow** | Prescription only. | N/A | **Up to 2 units** | Exempt from permit as a standard personal emergency set, but is a potent injectable device requiring declaration. | **Check 'Yes'** on customs form. Show prescription at customs. | Doctor's Prescription/Letter. | N/A | Source: MHLW Q&A states a 1-month supply of a "Self-injection Kit" is exempt. This is the common interpretation for EpiPens. [MHLW Q&A](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/dl/qa_01.docx) |
| Medical Device | EpiPen | Epinephrine | **🟡 Yellow** | Prescription only. | N/A | **3 or more units** | Exceeds the standard personal emergency allowance. All injectable devices in larger quantities require a permit. | **Check 'Yes'** on customs form. **Must** obtain Import Confirmation Certificate in advance. | 1. Online Application<br>2. Doctor's Prescription<br>3. Flight Itinerary | 2-4 Weeks | Source: General rule for exceeding 1-month supply of medical devices. [MHLW Info Page](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |
| Prescription: Mental Health | Xanax | Alprazolam | **🟡 Yellow** | Prescription only, highly controlled. | N/A | **Up to 72mg** | Controlled psychotropic. Exempt from permit below the legal quantity limit, but declaration is required due to its controlled status. | **Check 'Yes'** on customs form. Show prescription at customs. | Doctor's Prescription/Letter. | N/A | **Source: Official list of psychotropic quantities from Japan's Narcotics Control Dept.** [**NCD Psychotropic List (PDF)**](https://www.ncd.mhlw.go.jp/dl_data/keitai/total.pdf) |
| Prescription: Mental Health | Xanax | Alprazolam | **🟡 Yellow** | Prescription only, highly controlled. | N/A | **More than 72mg** | Controlled psychotropic. Exceeds the legal quantity limit for personal import without a permit. | **Check 'Yes'** on customs form. **Must** obtain Import Confirmation Certificate in advance. | 1. Online Application<br>2. Doctor's Prescription<br>3. Flight Itinerary | 2-4 Weeks | **Source: The same NCD list confirms a permit is needed above this threshold.** [**NCD Psychotropic List (PDF)**](https://www.ncd.mhlw.go.jp/dl_data/keitai/total.pdf) |
| Prescription: Mental Health | Ativan | Lorazepam | **🟡 Yellow** | Prescription only, highly controlled. | N/A | **Up to 90mg** | Controlled psychotropic. Exempt from permit below the legal quantity limit, but declaration is required due to its controlled status. | **Check 'Yes'** on customs form. Show prescription at customs. | Doctor's Prescription/Letter. | N/A | **Source: Official list of psychotropic quantities from Japan's Narcotics Control Dept.** [**NCD Psychotropic List (PDF)**](https://www.ncd.mhlw.go.jp/dl_data/keitai/total.pdf) |
| Prescription: Mental Health | Ativan | Lorazepam | **🟡 Yellow** | Prescription only, highly controlled. | N/A | **More than 90mg** | Controlled psychotropic. Exceeds the legal quantity limit for personal import without a permit. | **Check 'Yes'** on customs form. **Must** obtain Import Confirmation Certificate in advance. | 1. Online Application<br>2. Doctor's Prescription<br>3. Flight Itinerary | 2-4 Weeks | **Source: The same NCD list confirms a permit is needed above this threshold.** [**NCD Psychotropic List (PDF)**](https://www.ncd.mhlw.go.jp/dl_data/keitai/total.pdf) |
| Prescription: Mental Health | Klonopin | Clonazepam | **🟡 Yellow** | Prescription only, highly controlled. | N/A | **Up to 180mg** | Controlled psychotropic. Exempt from permit below the legal quantity limit, but declaration is required due to its controlled status. | **Check 'Yes'** on customs form. Show prescription at customs. | Doctor's Prescription/Letter. | N/A | **Source: Official list of psychotropic quantities from Japan's Narcotics Control Dept.** [**NCD Psychotropic List (PDF)**](https://www.ncd.mhlw.go.jp/dl_data/keitai/total.pdf) |
| Prescription: Mental Health | Klonopin | Clonazepam | **🟡 Yellow** | Prescription only, highly controlled. | N/A | **More than 180mg** | Controlled psychotropic. Exceeds the legal quantity limit for personal import without a permit. | **Check 'Yes'** on customs form. **Must** obtain Import Confirmation Certificate in advance. | 1. Online Application<br>2. Doctor's Prescription<br>3. Flight Itinerary | 2-4 Weeks | **Source: The same NCD list confirms a permit is needed above this threshold.** [**NCD Psychotropic List (PDF)**](https://www.ncd.mhlw.go.jp/dl_data/keitai/total.pdf) |
| Prescription: Mental Health | Lexapro | Escitalopram | **🟢 Green** | Prescription only. | N/A | **Up to 1-month supply** | Standard prescription medication. Escitalopram is not listed as a controlled psychotropic or stimulant, so it falls under the general personal use exemption. | **Check 'No'** on customs form. Keep in original container with Rx copy. | N/A | N/A | **Source: The general 1-month rule for non-controlled prescription drugs applies.** [**MHLW Info Page**](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |
| Prescription: Mental Health | Lexapro | Escitalopram | **🟡 Yellow** | Prescription only. | N/A | **More than 1-month supply** | Exceeds the standard allowance for a general prescription drug. | **Check 'Yes'** on customs form. **Must** obtain Import Confirmation Certificate in advance. | 1. Online Application<br>2. Doctor's Prescription<br>3. Flight Itinerary | 2-4 Weeks | **Source: The general rule for exceeding quantity limits applies.** [**MHLW Info Page**](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |
| Prescription: Mental Health | Prozac | Fluoxetine | **🟢 Green** | Prescription only. | N/A | **Up to 1-month supply** | Standard prescription medication. Fluoxetine is not listed as a controlled psychotropic or stimulant, so it falls under the general personal use exemption. | **Check 'No'** on customs form. Keep in original container with Rx copy. | N/A | N/A | **Source: The general 1-month rule for non-controlled prescription drugs applies.** [**MHLW Info Page**](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |
| Prescription: Mental Health | Prozac | Fluoxetine | **🟡 Yellow** | Prescription only. | N/A | **More than 1-month supply** | Exceeds the standard allowance for a general prescription drug. | **Check 'Yes'** on customs form. **Must** obtain Import Confirmation Certificate in advance. | 1. Online Application<br>2. Doctor's Prescription<br>3. Flight Itinerary | 2-4 Weeks | **Source: The general rule for exceeding quantity limits applies.** [**MHLW Info Page**](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |
| Prescription: Mental Health | Wellbutrin | Bupropion | **🟢 Green** | Prescription only. | N/A | **Up to 1-month supply** | Standard prescription medication. Bupropion is not listed as a controlled psychotropic or stimulant, so it falls under the general personal use exemption. | **Check 'No'** on customs form. Keep in original container with Rx copy. | N/A | N/A | **Source: The general 1-month rule for non-controlled prescription drugs applies.** [**MHLW Info Page**](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |
| Prescription: Mental Health | Wellbutrin | Bupropion | **🟡 Yellow** | Prescription only. | N/A | **More than 1-month supply** | Exceeds the standard allowance for a general prescription drug. | **Check 'Yes'** on customs form. **Must** obtain Import Confirmation Certificate in advance. | 1. Online Application<br>2. Doctor's Prescription<br>3. Flight Itinerary | 2-4 Weeks | **Source: The general rule for exceeding quantity limits applies.** [**MHLW Info Page**](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |
| Prescription: Mental Health | Zoloft | Sertraline | **🟢 Green** | Prescription only. | N/A | **Up to 1-month supply** | Standard prescription medication. Sertraline is not listed as a controlled psychotropic or stimulant, so it falls under the general personal use exemption. | **Check 'No'** on customs form. Keep in original container with Rx copy. | N/A | N/A | **Source: The general 1-month rule for non-controlled prescription drugs applies.** [**MHLW Info Page**](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |
| Prescription: Mental Health | Zoloft | Sertraline | **🟡 Yellow** | Prescription only. | N/A | **More than 1-month supply** | Exceeds the standard allowance for a general prescription drug. | **Check 'Yes'** on customs form. **Must** obtain Import Confirmation Certificate in advance. | 1. Online Application<br>2. Doctor's Prescription<br>3. Flight Itinerary | 2-4 Weeks | **Source: The general rule for exceeding quantity limits applies.** [**MHLW Info Page**](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |
| Prescription: ADHD | Concerta, Ritalin | Methylphenidate | **🟡 Yellow** | Prescription only, highly controlled. | N/A | **Up to 2.16g** | Controlled psychotropic (Schedule II). Exempt from permit below the legal quantity limit, but declaration is required due to its controlled status. | **Check 'Yes'** on customs form. Show prescription at customs. | Doctor's Prescription/Letter. | N/A | **Source: Official list of psychotropic quantities from Japan's Narcotics Control Dept.** [**NCD Psychotropic List (PDF)**](https://www.ncd.mhlw.go.jp/dl_data/keitai/total.pdf) |
| Prescription: ADHD | Concerta, Ritalin | Methylphenidate | **🟡 Yellow** | Prescription only, highly controlled. | N/A | **More than 2.16g** | Controlled psychotropic (Schedule II). Exceeds the legal quantity limit for personal import without a permit. | **Check 'Yes'** on customs form. **Must** obtain Import Confirmation Certificate in advance. | 1. Online Application<br>2. Doctor's Prescription<br>3. Flight Itinerary | 2-4 Weeks | **Source: The same NCD list confirms a permit is needed above this threshold.** [**NCD Psychotropic List (PDF)**](https://www.ncd.mhlw.go.jp/dl_data/keitai/total.pdf) |
| Prescription: ADHD | Strattera | Atomoxetine | **🟢 Green** | Prescription only. | N/A | **Up to 1-month supply** | Standard prescription medication. Atomoxetine is not listed as a controlled psychotropic or stimulant, so it falls under the general personal use exemption. | **Check 'No'** on customs form. Keep in original container with Rx copy. | N/A | N/A | **Source: The general 1-month rule for non-controlled prescription drugs applies.** [**MHLW Info Page**](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |
| Prescription: ADHD | Strattera | Atomoxetine | **🟡 Yellow** | Prescription only. | N/A | **More than 1-month supply** | Exceeds the standard allowance for a general prescription drug. | **Check 'Yes'** on customs form. **Must** obtain Import Confirmation Certificate in advance. | 1. Online Application<br>2. Doctor's Prescription<br>3. Flight Itinerary | 2-4 Weeks | **Source: The general rule for exceeding quantity limits applies.** [**MHLW Info Page**](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |
| Prescription: Wakefulness | Provigil, Modalert | Modafinil | **🟡 Yellow** | Prescription only, highly controlled. | N/A | **Up to 6g** | Controlled psychotropic (Schedule I). Exempt from permit below the legal quantity limit, but declaration is required due to its controlled status. | **Check 'Yes'** on customs form. Show prescription at customs. | Doctor's Prescription/Letter. | N/A | **Source: Official list of psychotropic quantities from Japan's Narcotics Control Dept.** [**NCD Psychotropic List (PDF)**](https://www.ncd.mhlw.go.jp/dl_data/keitai/total.pdf) |
| Prescription: Wakefulness | Provigil, Modalert | Modafinil | **🟡 Yellow** | Prescription only, highly controlled. | N/A | **More than 6g** | Controlled psychotropic (Schedule I). Exceeds the legal quantity limit for personal import without a permit. | **Check 'Yes'** on customs form. **Must** obtain Import Confirmation Certificate in advance. | 1. Online Application<br>2. Doctor's Prescription<br>3. Flight Itinerary | 2-4 Weeks | **Source: The same NCD list confirms a permit is needed above this threshold.** [**NCD Psychotropic List (PDF)**](https://www.ncd.mhlw.go.jp/dl_data/keitai/total.pdf) |
| Prescription: Hormone | Testosterone (Injectable TRT) | Testosterone | **🟡 Yellow** | Prescription only; very difficult to obtain. | N/A | **None** | Anabolic steroids are highly controlled substances. All injectable forms require a permit, regardless of quantity. | **Check 'Yes'** on customs form. **Must** obtain Import Confirmation Certificate in advance for both the testosterone and the syringes. | 1. Online Application<br>2. Detailed Doctor's Letter<br>3. Flight Itinerary | 3-5 Weeks | Source: General rule for controlled substances and injectable drugs. Requires extensive medical documentation. [MHLW Info Page](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |
| Prescription: Hormone | Testosterone (Gels/Creams) | Testosterone | **🟡 Yellow** | Prescription only; limited availability. | N/A | **Up to 1-month supply** | Anabolic steroids are highly controlled. While not injectable, the substance itself requires declaration. | **Check 'Yes'** on customs form. Show prescription at customs. | Doctor's Prescription/Letter. | N/A | Source: Falls under the 1-month limit for general prescription drugs. [MHLW Info Page](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |
| Prescription: Hormone | Synthroid, Levoxyl | Levothyroxine | **🟢 Green** | Prescription only (e.g., Thyradin S). | N/A | **Up to 1-month supply** | Standard prescription medication. Not listed as a controlled substance, so it falls under the general personal use exemption. | **Check 'No'** on customs form. Keep in original container with Rx copy. | N/A | N/A | **Source: The general 1-month rule for non-controlled prescription drugs applies.** [**MHLW Info Page**](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |
| Prescription: Hormone | Synthroid, Levoxyl | Levothyroxine | **🟡 Yellow** | Prescription only (e.g., Thyradin S). | N/A | **More than 1-month supply** | Exceeds the standard allowance for a general prescription drug. | **Check 'Yes'** on customs form. **Must** obtain Import Confirmation Certificate in advance. | 1. Online Application<br>2. Doctor's Prescription<br>3. Flight Itinerary | 2-4 Weeks | **Source: The general rule for exceeding quantity limits applies.** [**MHLW Info Page**](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |
| Medical Device | Syringes (Empty, for TRT) | N/A | **🟡 Yellow** | Prescription only. | N/A | **None** | Syringes for self-injection are considered medical devices and require a permit, especially when associated with a controlled substance. | **Check 'Yes'** on customs form. **Must** obtain Import Confirmation Certificate in advance as part of the TRT application. | 1. Online Application<br>2. Prescription for associated drug<br>3. Flight Itinerary | 2-4 Weeks | Source: MHLW Q&A states that importing syringes *only* requires a permit. [MHLW Q&A](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/dl/qa_01.docx) |
| Prescription: Diabetes | Metformin, Januvia, Jardiance | Metformin, Sitagliptin, Empagliflozin | **🟢 Green** | Prescription only. | N/A | **Up to 1-month supply** | Standard, non-controlled prescription medication. Falls under the general personal use exemption. | **Check 'No'** on customs form. Keep in original container with Rx copy. | N/A | N/A | Source: General rule for prescription drugs. [MHLW Info Page](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |
| Prescription: Diabetes | Insulin Pen (e.g., Lantus, Humalog) | Insulin | **🟡 Yellow** | Prescription only. | N/A | **None** | Classified as a "pre-filled injectable device" ("Self-injection Kit"), which always requires a permit regardless of quantity. | **Check 'Yes'** on customs form. **Must** obtain Import Confirmation Certificate in advance. | 1. Online Application<br>2. Doctor's Prescription<br>3. Flight Itinerary | 2-4 Weeks | Source: The rule for injectable devices is strict and supersedes quantity limits. [MHLW Q&A](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/dl/qa_01.docx) |
| Prescription: Diabetes | GLP-1 Pen (e.g., Ozempic, Trulicity) | Semaglutide, Dulaglutide | **🟡 Yellow** | Prescription only. | N/A | **None** | Classified as a "pre-filled injectable device" ("Self-injection Kit"), which always requires a permit regardless of quantity. | **Check 'Yes'** on customs form. **Must** obtain Import Confirmation Certificate in advance. | 1. Online Application<br>2. Doctor's Prescription<br>3. Flight Itinerary | 2-4 Weeks | Source: Same rule as Insulin Pens. The device type dictates the need for a permit. [MHLW Q&A](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/dl/qa_01.docx) |
| Medical Device | Insulin Pump / CGM (e.g., Dexcom) | N/A | **🟡 Yellow** | Prescription only. | N/A | **None** | Complex medical device essential for life. Safest and required action is to obtain a permit to ensure legal entry. | **Check 'Yes'** on customs form. **Must** obtain Import Confirmation Certificate in advance. | 1. Online Application<br>2. Doctor's Letter/Rx<br>3. Flight Itinerary | 2-4 Weeks | Source: General rule for medical devices. The complexity makes a permit necessary. [MHLW Info Page](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |
| Medical Device | Blood Glucose Meter & Test Strips | N/A | **🟢 Green** | Widely available OTC. | N/A | **Reasonable personal supply** | Considered a standard "for home use" medical device. Not subject to specific import controls for personal use. | **Check 'No'** on customs form. No special action needed. | N/A | N/A | Source: Falls under the general allowance for personal medical devices. |
| Pain & Fever | Advil, Motrin | Ibuprofen | **🟢 Green** | Widely available OTC (e.g., Eve, Bufferin). | N/A | **Up to 2-month supply** | Standard Over-The-Counter (OTC) medication with no controlled substances. | **Check 'No'** on customs form. Keep in original container. | N/A | N/A | Source: General rule for OTC drugs. [MHLW Info Page](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |
| Pain & Fever | Tylenol, Panadol | Acetaminophen | **🟢 Green** | Widely available OTC (e.g., Calonal). | Tylenol Cold (contains Pseudoephedrine) | **Up to 2-month supply** | Standard Over-The-Counter (OTC) medication with no controlled substances. | **Check 'No'** on customs form. Keep in original container. | N/A | N/A | Source: General rule for OTC drugs. [MHLW Info Page](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |
| Pain & Fever | Codeine (in cough syrup, etc.) | Codeine | **🟢 Green** | Prescription or OTC, depending on country. | N/A | **Up to 1-month supply (if <1% concentration)** | Products containing 1% or less codeine are treated as general medications, not narcotics. | **Check 'No'** on customs form. Keep in original container with Rx copy. | N/A | N/A | **Source: Preparations of Codeine containing no more than 1% of the substance are exempted.** [**INCB/Japan PDF, Pg. 5**](https://www.incb.org/documents/Psychotropics/guidelines/travel-regulations/English/Japan-ORIGINAL.pdf) |
| Pain & Fever | Tylenol #3, Panadeine Forte | Codeine | **🟡 Yellow** | Prescription only. | Tylenol with Codeine (#3, #4) | **None** | Products containing more than 1% codeine are classified as narcotics and require a special permit for any amount. | **Check 'Yes'** on customs form. **Must** obtain a special **Narcotics Certificate** in advance. | 1. Special NCD Form<br>2. Detailed Doctor's Letter<br>3. Flight Itinerary | 4-6 Weeks | **Source: This is a different, stricter permit than the standard Import Confirmation Certificate.** [**Narcotics Control Dept.**](https://www.ncd.mhlw.go.jp/en/application2.html) |
| Prescription: ADHD | Adderall, Dexedrine | Amphetamine, Dextroamphetamine | **🔴 Red** | Not available. | Adderall, Dexedrine | **None** | Contains amphetamine, a prohibited stimulant under Japan's Stimulants Control Law. | **Do Not Bring.** | N/A | N/A | Source: Explicitly banned. No exceptions for personal use, even with a prescription. [Narcotics Control Dept.](https://www.ncd.mhlw.go.jp/en/application2.html) |
| Prescription: ADHD | Vyvanse | Lisdexamfetamine | **🟡 Yellow** | Not available. | Vyvanse, Elvanse | **None** | Contains Lisdexamfetamine, classified as a "Stimulants' Raw Material." It is not prohibited, but requires a special permit for any amount. | **Check 'Yes'** on customs form. **Must** obtain a special import permit from the Narcotics Control Department in advance. | 1. Special NCD Form<br>2. Detailed Doctor's Letter<br>3. Flight Itinerary | 4-6 Weeks | Source: This is a different, stricter permit than the standard Import Confirmation Certificate. [Narcotics Control Dept.](https://www.ncd.mhlw.go.jp/en/application2.html) |
| Cold & Sinus | Sudafed, Claritin-D | Pseudoephedrine | **🔴 Red** | Not available in high concentrations. | Sudafed, Advil Cold & Sinus, Claritin-D, Vicks Inhalers | **None** | Contains pseudoephedrine, which is a prohibited stimulant raw material under Japan's Stimulants Control Law. | **Do Not Bring.** | N/A | N/A | Source: Explicitly banned. Applies to many multi-symptom cold/sinus/allergy meds. [INCB/Japan PDF, Pg. 6](https://www.incb.org/documents/Psychotropics/guidelines/travel-regulations/English/Japan-ORIGINAL.pdf) |
| Supplement / Alternative | CBD Oil / Gummies / Creams | Cannabidiol (CBD), Tetrahydrocannabinol (THC) | **🔴 Red** | Availability is complex; not recommended for tourists. | N/A | **None** | While pure CBD is legal, any product containing even trace amounts of THC is illegal under the Cannabis Control Act. The risk for commercial products is too high. | **Do Not Bring.** | N/A | N/A | Source: Japan has a zero-tolerance policy for THC. It is impossible for a tourist to guarantee their product is 100% THC-free. [Narcotics Control Dept.](https://www.ncd.mhlw.go.jp/en/application2.html) |
| Supplement / Sleep Aid | Melatonin | Melatonin | **🟢 Green** | Not sold OTC as a sleep aid. | N/A | **Up to 2-month supply** | Classified as a food/supplement for personal import, not a regulated pharmaceutical, despite being Rx-only in Japan. | **Check 'No'** on customs form. Keep in original container. | N/A | N/A | Source: Falls under the general allowance for vitamins/supplements. [MHLW Info Page](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |
| Prescription: Contraceptive | Birth Control Pills | Ethinylestradiol, Drospirenone, etc. | **🟢 Green** | Prescription only. | N/A | **Up to 1-month supply** | Standard, non-controlled prescription medication. Falls under the general personal use exemption. | **Check 'No'** on customs form. Keep in original container with Rx copy. | N/A | N/A | Source: General rule for prescription drugs. [MHLW Info Page](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |
| Prescription: Contraceptive | Birth Control Pills | Ethinylestradiol, Drospirenone, etc. | **🟡 Yellow** | Prescription only. | N/A | **More than 1-month supply** | Exceeds the standard allowance for a general prescription drug. | **Check 'Yes'** on customs form. **Must** obtain Import Confirmation Certificate in advance. | 1. Online Application<br>2. Doctor's Prescription<br>3. Flight Itinerary | 2-4 Weeks | Source: General rule for exceeding quantity limits. [MHLW Info Page](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |
| Prescription: Contraceptive | Plan B | Levonorgestrel | **🟢 Green** | Prescription only; not available OTC. | N/A | **Up to 1-month supply** | Standard, non-controlled prescription medication. Falls under the general personal use exemption. | **Check 'No'** on customs form. Keep in original container. | N/A | N/A | Source: General rule for prescription drugs. [MHLW Info Page](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |
| Prescription: Contraceptive | Plan B | Levonorgestrel | **🟡 Yellow** | Prescription only; not available OTC. | N/A | **More than 1-month supply** | Exceeds the standard allowance for a general prescription drug. | **Check 'Yes'** on customs form. **Must** obtain Import Confirmation Certificate in advance. | 1. Online Application<br>2. Doctor's Prescription<br>3. Flight Itinerary | 2-4 Weeks | Source: General rule for exceeding quantity limits. [MHLW Info Page](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |
| Prescription: Respiratory | Albuterol Inhaler (e.g., Ventolin) | Albuterol / Salbutamol | **🟢 Green** | Prescription only. | N/A | **Up to 1 unit** | Considered a standard "for personal use" medical device. One unit is allowed without a permit. | **Check 'No'** on customs form. Keep in original container with Rx copy. | N/A | N/A | Source: Falls under the general allowance for personal medical devices. [MHLW Info Page](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |
| Prescription: Respiratory | Albuterol Inhaler (e.g., Ventolin) | Albuterol / Salbutamol | **🟡 Yellow** | Prescription only. | N/A | **2 or more units** | Exceeds the standard allowance for a personal medical device. | **Check 'Yes'** on customs form. **Must** obtain Import Confirmation Certificate in advance. | 1. Online Application<br>2. Doctor's Prescription<br>3. Flight Itinerary | 2-4 Weeks | Source: General rule for exceeding quantity limits for medical devices. [MHLW Info Page](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |
| Prescription: Antibiotic | Amoxicillin | Amoxicillin | **🟢 Green** | Prescription only. | N/A | **Up to 1-month supply** | Standard, non-controlled prescription medication. Falls under the general personal use exemption. | **Check 'No'** on customs form. Keep in original container with Rx copy. | N/A | N/A | **Source: The general 1-month rule for non-controlled prescription drugs applies.** [**MHLW Info Page**](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |
| Prescription: Antibiotic | Amoxicillin | Amoxicillin | **🟡 Yellow** | Prescription only. | N/A | **More than 1-month supply** | Exceeds the standard allowance for a general prescription drug. | **Check 'Yes'** on customs form. **Must** obtain Import Confirmation Certificate in advance. | 1. Online Application<br>2. Doctor's Prescription<br>3. Flight Itinerary | 2-4 Weeks | **Source: The general rule for exceeding quantity limits applies.** [**MHLW Info Page**](https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html) |